

EQUESEANTIAL WELLNESS & STABLES



EQUINE ART, GIFTS & EQUINESHARED EXPERIENCES
Sustainably-Conscious & Woman-Owned

WELCOME SPRING!



Cheers to Spring! We would like to thank you for an amazing year! Your love and support has been heartfelt for both Raine and I. With the weather getting warmer, we are excited to share our new workshops, classes, events and adventures that we have planned for the coming months. Hope you can join us. Wishing you an amazing day and to being inspired to create, enjoy and live your best healthy life.

Raine & Doreen



WHAT HAS RAINE BEEN UP TO?



NEW COLLECTION RELEASED

Heartfelt Hoofprints HorseSeaColors of Raine

HorseSeaColors of Raine is a collection of equine and ocean color ~ as if the sun is reflecting through a raindrop in a mane, a tail, a forelock ~ a collection of seven sustainably created colors:

- SandyHoofPrints (sand)*
- OceanAirGallop (white)*
- HorseSeaGlass (light green)*
- RaineWashedSkye (blue)*
- AquaRaineSplash (aqua)*
- StillWaterTrail (turquoise)*
- UnderSeaHorse (purple)*



- Earth and ocean-friendly natural art supplies*
- ~ NaturalWaterColor & NaturalAcrylic Paints*
- Fine art prints & cards*
- ~ handmade and printed in Medina, Ohio*
- Made to order hand-stamped*
- ~ pewter necklaces, cuffs and earrings*
- Handmade, natural soaps and lip balms*
- Handmade recycled beads*
- ~ Imperfectly Perfect stretch bracelets*

www.heartfelthoofprints.com

SPRING EVENTS AT EQUESEANTIAL WELLNESS & STABLES

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HORSEYGIRLVIP
MEMBER SUMMER PICNIC
JUNE 29 AT 3PM

MAY 2024

MAY 2024 ~ CARDEEYO PILATESANDPONIES BOOTCAMP

Balance ~ Core ~ Fit
One-on-one and group classes available
For more info email doreen@pilatesandponies.com

SATURDAY, MAY 11 ~ 12-3PM

OPEN STUDIO SATURDAY WORKSHOP AT 1 PM

Draw ~ Paint ~ Color - May is Arabian Horse Month
~ Paint an Arabian horse ornament

SUNDAY, MAY 12 ~ 2-3:30PM ~ "CELEBRATE MOM"

HEARTFELT HOOFPRIENTS ART BAR WORKSHOP

Canvas ~ Medium ~ RaineSplash

THURSDAY, MAY 16 ~ 6-7:30PM

EQUESEANTIAL LADIES NIGHT

Paintbrushes ~ Ponies ~ Positivity

SATURDAY & SUNDAY, MAY 18 & 19

EQUESEANTIAL DESIGNS BY DOREEN POP-UP
AMERICAN SADDLEBRED HORSE ASSN OHIO HORSE SHOW
ASHLAND FAIRGROUNDS, AHSLAND, OHIO

MONDAY-THURSDAY, MAY 20-23, 10AM-12PM

HEARTFELT HOOFPRIENTS DISCOVERING HORSES

EQUINESHARED LEARNING CAMP

Discover ~ Horses ~ Nature

SATURDAY, MAY 25 ~ 12:30-2PM

HEARTFELT HOOFPRIENTS WATERCOLOR WORKSHOP

Learn ~ Create ~ Sustainability

JUNE 2024

JUNE 2024 ~ CARDEEYO PILATESANDPONIES BOOTCAMP

Balance ~ Core ~ Fit
One-on-one and group classes available
For more info email doreen@pilatesandponies.com

SATURDAY, JUNE 1 ~ 9AM-2:30PM

HEARTFELT HOOFPRIENTS DAYRETREAT

Beach Glass Combing ~ Huntington Beach, Bay Village
~ depart EqueSeantial Wellness & Stables at 9am

SATURDAY, JUNE 8 ~ 12-3PM

OPEN STUDIO SATURDAY WORKSHOP AT 1 PM

Draw ~ Paint ~ Color - HorseSeaColors of Raine
"HorseSeaGlass" Workshop the color green

THURSDAY, JUNE 13 ~ 6-7:30PM

EQUESEANTIAL LADIES NIGHT

Paintbrushes ~ Ponies ~ Positivity

SATURDAY, JUNE 15 ~ 12:30-2PM

HEARTFELT HOOFPRIENTS ART BAR WORKSHOP

Canvas ~ Medium ~ RaineSplash

MONDAY-THURSDAY, JUNE 17-20, 10AM-12PM

HEARTFELT HOOFPRIENTS DISCOVERING HORSES

EQUINESHARED LEARNING CAMP

Discover ~ Horses ~ Nature

SATURDAY, JUNE 22 ~ 12:30-2PM

HEARTFELT HOOFPRIENTS WATERCOLOR WORKSHOP

Learn ~ Create ~ Sustainability

SATURDAY, JUNE 29 ~ 3PM

HORSEYGIRLVIP MEMBERS SUMMER PICNIC

Potluck Picnic

The HorseyGirlVIP Membership

(Formerly EqueSeantial Art ~ Horses ~ Wellness Annual VIP Membership)

Your HorseyGirlVIP Membership for \$39 includes:

- Special VIP Welcome/Renewal Gift
 - ~HorseSeaColors of Raine Coloring/Activity Book (\$20 value)
- Members only events ~ Summer Picnic and Fall BBQ
- New Events with Exclusive Member pricing:
 - ~EqueSeantial Ladies Night ~ members \$25
 - ~Heartfelt Hoofprints WaterColor Workshop ~ members \$25
 - ~Heartfelt Hoofprints Art Bar Workshop ~ members \$25
 - ~Heartfelt Hoofprints CarDeeYo PilatesandPonies Class ~ members \$10
- Birthday Coupon for 10% off one item
 - ~in EqueSeantial Wellness & Stables Studio & Boutique
- Quarterly Newsletter
- First to know about upcoming events
- Random Ladies Night Special
 - ~BOGO50 bring a non-member and you get 50% off your night
- Membership period May 1, 2024 - April 30, 2025

NEW Heartfelt Hoofprints CarDeeYo PilatesandPonies BootCamp

Balance ~ Core ~ Fit

This is not your ordinary cardio, yoga pilates bootcampthis is a fun-filled time with low impact exercises to jumpstart you to get into your best shape ever to live your best healthy life. Raine is sure to inspire you so won't you come get fit with him?

Have questions or need more info?
Contact Doreen ~ doreen@pilatesandponies.com

A decorative border of line-art sunflowers surrounds the central text. The sunflowers are drawn with detailed petals and textured centers, creating a natural and uplifting frame.

Living
My
Best
Healthy
Life

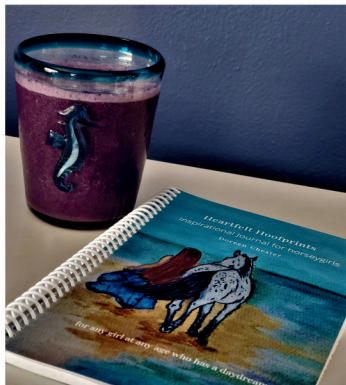
A small circular logo is located on the left side of the page, partially overlapping a sunflower. It features a stylized figure or symbol inside a circle.

Doreen Chester

BLUEBERRY BANANA SMOOTHIE

- 1 & 1/2 cup of frozen blueberries
- 3/4 medium banana
- 1 scoop of vanilla bean Orgain Organic Protein™ Plant Based Protein Powder
- 1 cup unsweetened almond milk

Add all ingredients in blender
 Blend on high until smooth
 Pour into glasses and enjoy while writing in your daily journal.



NEW Heartfelt Hoofprints Art Bar Workshop

Canvas ~ Medium ~ RaineSplash

- Pick your canvas - recycled wood, glass, canvas, paper
- Pick your painting medium - watercolor, acrylic, pencil
- Pick your RaineSplash - a Raine original creation

Get ready to customize and accessorize your art with a RaineSplash. What's a RaineSplash? An original splash of sustainable paint designed by Raine himself!

NEW Heartfelt Hoofprints DayRetreat

Gather ~ Connect ~ Explore

Gather and enjoy a day of connecting and exploring with like-minded ladies on local Ohio adventures ~ DayRetreats.
 Comb a local beach for beachglass, attend a horseshow, visit a local working flower farm, and much more.

NEW Heartfelt Hoofprints Discovering Horses EquineShared Learning Camp

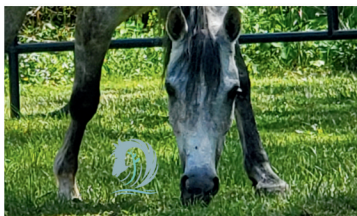
Discover ~ Horses ~ Nature

Discovering Horses EquineShared learning camp is for anyone at any age who is interested in learning about horses, their care, daily grooming, show grooming, feeding, competition, the values horses share and much more. If you are looking to enjoy horses and be outside in nature, this camp is for you.



Spring 2024 Coupon
10% Off One Item
 in the
EqueSeantial Wellness & Stables Studio & Boutique
 expires June 30, 2024

EQUESEANTIAL DESIGNS
 by Doreen



366 DAYS OF RAINE
 Your daily dose of inspiration, positivity and creativity from a very special horse for 366 days

The Studio & Boutique at EqueSeantial Wellness & Stables is open on "Open Studio Saturdays" 12-3 pm and by appointment call or text Doreen at 330.416.7955
gift certificates also available

www.equeseantialwellness.com/
 366-days-of-raine

SPRING FEATURED ART HorseSeaColors of Raine "HORSESEAGLASS"

HorseSeaGlass is the color light green and the peridot gem ~ inspired by Raine muzzling the water as the wind as the sand and sea tumbles sea glass



available in 5" x 7" ~ 8" x 10" ~ 11" x 14"

EQUESEANTIAL DESIGNS
 by Doreen

& Burning River Ranch Boutique

If you are in the area of our historic Medina, Ohio, be sure to stop and see Ashley at Burning River Ranch Boutique. Ashley carries beautiful western wear, boots, amazing gifts and jewelry, along with my exclusive cards and fine art prints.

Burning River Ranch Boutique
 at The Common Ground
 220 N State Rd, Medina, OH 44256
www.burningriverranch.com



EQUESEANTIAL WELLNESS & STABLES

Doreen Chester
 Horse-Sea Girl, Artist, Wellness Specialist
 6698 Lafayette Road, Medina, Ohio 44256
 phone: 330.416.7955
doreen@equeseantialwellness.com

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